



Common Childhood Problems

For the practitioner who cares for children

June 20-21, 2008
Reynolds Alumni Center
Columbia, MO

Sponsored by

 School of Medicine

Department of Child Health

MU Sinclair School of Nursing

Children's Hospital

Mid-Missouri Area
Health Education Center

**This year's conference
will focus on Pediatric
Neurodevelopmental
Issues**

Keynote speaker:

**Bernadette Melnyk, PhD, RN,
CPNP/NPP, FAAN, FNAP, Dean and
Distinguished Foundation Professor
in Nursing, Arizona State University.**

Objectives are included
for each presentation.
The conference format
includes time for questions
and discussion with the
presenters.

Visit our web site at som.missouri.edu/CME for the most current program, hotel and registration information.



**REGISTRATION FEES:
Special Early Registration
Fees- If received on
or before Friday,
May 30, 2008:**

___ \$215.00 - physicians
___ \$165.00 - other health
professionals, physician
assistants and
physicians-in-training

**Regular Registration
Fees- If received after
Friday, May 30, 2008:**

___ \$245.00 - physicians
___ \$195.00 - other health
professionals, physician
assistants and
physicians-in-training

Total Payment: \$ _____

**Please indicate whether
you plan to attend the
optional lunch break out
session (included in
registration fee):**

I plan to attend the:
___ Friday lunch session

*The registration fees as
listed on the registration
form include all conference
materials and catered food
functions.*

2008 Common Childhood Problems Conference Pediatric Neurodevelopmental Issues Registration Form

Name _____
Last First Middle Initial

Degree _____ Customer ID Number _____
Appears on first line of mailing label after your name, if none, leave blank

First time conference registrant I DO NOT want my name on the conference roster

Name & degree for Nametag _____

Office Name _____

Office Address _____

City _____ State _____ Zip _____ County _____

Office Phone _____ Office FAX Number _____

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Specialty _____

Please charge my ___ Discover ___ Mastercard ___ Visa Expiration Date _____
Account Number _____
Signature _____
Address if different from above _____
___ Check enclosed (Make payable to the University of Missouri-Columbia)

Please specify if any special arrangements are required to attend this conference. Please include any dietary restrictions you have and we will try to accommodate your request.

**Mail Completed Application and Payment to:
Common Childhood Problems Conference**

University of Missouri-Columbia
2401 Lemone Industrial Blvd., DC345.00
Columbia, MO 65212

You may also register by Faxing your application to [573] 882-5666.
Registration may also be completed online: som.missouri.edu/CME



Equal opportunity is and shall be provided to all participants in Extension programs and activities, and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of their race, color, religion, sex, sexual orientation, national origin, age, disability or status as a Vietnam-era veteran. This policy shall not be interpreted in such a manner as to violate the legal rights of religious organizations or military organizations associated with the armed forces of the United States of America.



PROGRAM

Friday - June 20, 2008

8:00 Registration, Continental Breakfast

8:50 Introductions, Welcome, Announcements

9:00 Mental Health Screening in Children and Adolescents-Making It Happen in the Office Setting



Bernadette Melnyk, RN, PhD, CPNP/NPP, FAAN, *Dean and Distinguished Foundation Professor in Nursing, Arizona State University College of Nursing*

and Healthcare Innovation, Phoenix, Arizona

Educational Objectives:

- Ascertain the magnitude of mental health issues presenting to the primary pediatric practitioner's office.
- Discuss effective screening methods that can be used in a busy office practice to detect early mental health issues in children and adolescents.
- Identify resources available to pediatric providers to further their skills in office based mental health care.

9:40 Q & A

9:50 Office Assessment of Development – Using the Right Tool for the Right Job

Tracy Stroud, DO, *Assistant Professor of Clinical Child Health, University of Missouri-Columbia School of Medicine, Department of Child Health; Thompson*

Center for Autism and Related Neurodevelopmental Disabilities

Educational Objectives:

- Review the incidence of developmental delay in the general pediatric population and the estimated rate at which these delays are missed on routine office visits.
- Discuss available screening tools that can be used in the busy practice setting to efficiently and effectively detect early developmental delays.
- Outline the impact of early detection of developmental delay in children.

10:30 Q & A

10:40 BREAK

11:00 Evaluating the Child with Learning Difficulties

Kathleen Deidrick, PhD, *Assistant Clinical Professor, and Maureen Grissom, PhD*, *Assistant Clinical Professor, University of Missouri-Columbia School of Health Professions, Health Psychology, Thompson Center for Autism and Neurodevelopmental Disorders*

Educational Objectives:

- Determine the current estimated incidence of learning difficulties in children in America.
- Provide an effective classification scheme for learning difficulties that can be expected to present in the primary care provider's office.
- Outline best practice management for children found or suspected to have learning difficulties.

11:40 Q & A

11:50 BREAK

12:00 LUNCH and OPTIONAL BREAKOUT SESSION Assessment and Management of Mood and Anxiety Disorders in Children and Teens

Bernadette Melnyk, PhD, RN, CPNP/NPP, FAAN, FNAP

Educational Objectives:

- Review mood and anxiety disorders in the pediatric and adolescent population.
- Outline an evidence-based approach to the assessment and management of these mental health issues.
- Demonstrate strategies that are useful in the office management of mood and anxiety disorders in the pediatric setting.

1:00 Evaluation and Classification of Speech/Language Disorders in Pre-School Children

Ashleigh Boyd, MHS, CCC-SLP, *Speech/Language Pathologist, University Hospital and Clinics, Columbia, Missouri*

Educational Objectives:

- Define the different disorders of speech/language development.
- Discuss methods of detection that can be effectively employed in the office setting to assess a child with suspected speech/language delay.
- Review the recommended management for children with identified speech/language delay and the role the primary care provider plays as part of the management team.

1:40 Q & A

Program continued on following page

1:50 Ophthalmology Update
Joseph Giangiacomo, MD, *Mason Institute of Ophthalmology, University of Missouri, Columbia, Missouri*

Educational Objectives:

- Review the techniques used in the appropriate assessment of vision as it develops from infancy through early childhood.
- Discuss the most common childhood vision disorders that can be expected to present in the office setting.
- Determine appropriate thresholds for referral to a pediatric ophthalmologist.

2:30 Q & A

2:40 Sleep Disorders in Children

Zarah Ner, MD, *Assistant Professor of Child Health, Division of Pediatric Pulmonary and Allergy, University of Missouri School of Medicine, Columbia, Missouri*

Educational Objectives:

- Identify sleep disorders that commonly occur in infancy and childhood and their physiologic causes.
- Discuss appropriate management strategies for parents of children with disordered sleep.
- Determine those disorders of sleep that may indicate a more serious underlying etiology that may require specialty referral.

3:20 Q & A

3:30 WRAP UP

Saturday, June 21, 2008

7:00 Continental Breakfast, Registration

8:00 ADHD-Current Diagnostic Strategies

Tracy Stroud, DO

Educational Objectives:

- Discuss the most recent DSM-IV definition of ADHD as it applies to children and review the suspected physiologic etiology for ADHD.
- Review evidence based tools that can be used to help in the assessment of a child with suspected ADHD.

- Determine the role of the school in the assessment of the child with suspected ADHD.

8:40 Q & A

8:50 ADHD-Medical and Non-medical Management

D. Paul Robinson, MD, *Pediatric Residency Program Director and Associate Chairman for Education, Division of Adolescent Medicine, Department of Child Health, University of Missouri School of Medicine, Columbia, Missouri*

Educational Objectives:

- Based upon the currently understood pathophysiology of ADHD, discuss the available pharmacotherapeutic agents used in the management of this disorder.
- Determine the importance of behavioral management of ADHD and its interplay with pharmacologic management.
- Review the most common non-pharmacologic therapies encountered in the office setting that are purported to treat ADHD.

9:30 Q & A

9:40 BREAK

9:50 Autism Spectrum Disorder

Judith Miles, MD, PhD, *William S Thompson Chair in Autism Research, Professor, Child Health & Pathology and Associate Director, Thompson Center for Autism and Neurodevelopmental Disorders, Columbia, Missouri*; and **Janet Farmer, PhD**, *Professor, University of Missouri School of Health Professions and School of Medicine; Founding Director, Thompson Center for Autism and Neurodevelopmental Disorders, Columbia, Missouri*.

Educational Objectives:

- Provide the most current definition of autism spectrum disorder as it applies to children and adolescents and current etiologic theories.
- Review evidence based screening tools available for use in the office setting to detect children with autism as early as possible.

- Stress the importance of the primary care provider in care coordination of children with autism spectrum disorder.

10:30 Q & A

10:40 Living with Autism-One Family's Journey

Margaret Wang, MD, *Assistant Professor, Department of Child Health, University of Missouri School of Medicine, Columbia, Missouri*

Educational Objectives:

- Outline the historical evolution of therapy for autism in the United States.
- Identify the most effective forms of therapy for autistic children and how they are best deployed in the home and school setting.
- Discuss resources currently available for parents raising children with autism spectrum disorder.

11:20 Q & A

11:30 LUNCH

12:30 REGROUP

12:40 Office Management of Seizures

Nitin Patel, MD, MPH, *Associate Professor of Clinical Neurology and Child Health, Specialist in Pediatrics/Neurology, University of Missouri School of Medicine, Columbia, Missouri*

Educational Objectives:

- Review the current classification system for seizures in children and adolescents.
- Identify and discuss the most commonly encountered seizures in the primary care setting.
- Outline a cost effective and reasonable emergency preparedness plan for seizures encountered in the office setting.

1:20 Q & A

Program continued on following page

1:30 Principles of Rehabilitation in Static Encephalopathy

Jane Ann Emerson, MD, FAAP,
*Clinical Assistant Professor,
Department of Physical Medicine and
Rehabilitation and Department of
Child Health, University of Missouri
School of Medicine, Columbia,
Missouri*

Educational Objectives:

- Determine the most significant challenges faced in the rehabilitation of children with static encephalopathy.
- Discuss the methods used to assist children with static encephalopathy.
- Illuminate the role the primary care provider plays as part of the care team for a child with static encephalopathy.

2:10 Q & A

2:20 WRAP UP

CONFERENCE CHAIR

Thomas J. Selva, MD, *Professor of Clinical Child Health, Associate Chairman for Pediatric Services, Medical Director of Child Health, Division Chief – General Pediatrics, University of Missouri-Columbia School of Medicine*

PLANNING COMMITTEE

Joy C. Drass, MD, *Assistant Professor of Clinical Child Health, University of Missouri-Columbia School of Medicine*

Shirley Farrah, PhD, RN-BC, *Assistant Dean, Nursing Outreach and Distance Education, University of Missouri-Columbia Sinclair School of Nursing*

Debra Gayer, PhD, RN, CPNP, *Assistant Professor of Clinical Nursing, University of Missouri-Columbia Sinclair School of Nursing*

Kristin Koehn, MD, *Chief Resident, Hospitalist, Instructor of Clinical Child Health, University of Missouri-Columbia School of Medicine*

Ellen Thomas, MD, *Boone Hospital and Clinic, Columbia, Missouri*

Shirley Walters, *Continuing Education Coordinator, University of Missouri-Columbia School of Medicine, Office of Rural Health Programs*

IMPORTANT INFORMATION

ACCREDITATION

The Office of Continuing Education, School of Medicine, University of Missouri-Columbia is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Office of Continuing Education, School of Medicine, University of Missouri-Columbia designates this educational activity for a maximum of 11.0 (6.0 Friday; 5.0 Saturday) *AMA PRA Category 1 Credits(s)*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Medical Certificates: A transcript of completion will be mailed to conference participants who turn in an evaluation form and are paid in full. A transcript will be mailed approximately four weeks after the conference. If you are not paid in full, your certificate will be mailed to you upon receipt of payment.

The University of Missouri-Columbia Sinclair School of Nursing is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approved by the American Nurses Credentialing Center's Commission on Accreditation. 10.8 Contact hours are awarded for this offering (5.8 Friday; 5.0 Saturday). Credit will be awarded to all individuals who complete the evaluation form and are paid in full. Provider Number 707-4.

REGISTRATION INFORMATION

To register, please complete and return the registration form with payment to the CME office address listed at the bottom of the registration form. You may also register by FAXing your registration form to the CME office at 573/882=5666. One day registration fees are available. A registration form is also included on our website at som.missouri.edu/CME.

PAYMENT METHODS

Fees may be paid by cash, check, Discover, MasterCard or Visa. The check should be made payable to the University of Missouri-Columbia. To pay by credit card, please fill out the appropriate section of the registration form and sign where indicated, or online via secure server.

SUBSTITUTION POLICY

If you register but cannot attend, you may substitute another individual from your organization. A substitution must be made in writing and submitted to the CME Office.

CANCELLATION/REFUND POLICY

A full refund of fees will be made if notice of cancellation is received, in writing, by Friday, June 6, 2008. A \$50.00 administrative fee will be assessed for all notices received after Friday, June 6, 2008

LOCATION

The conference will be held at:
Donald W Reynolds Alumni Center
University of Missouri-Columbia Campus
704 Conley
Columbia, Missouri 65211

Please visit the CME website at som.missouri.edu/CME for a detailed map containing conference and lodging location.

PARKING

Complimentary parking will be available in the Turner Avenue parking garage located on Conley Avenue and Turner Avenue. A parking permit (hangtag) will be mailed to you. Note: Be sure to register early so there is ample time to mail the hangtag prior to the conference.

LODGING

Guest rooms have been reserved at the following hotel for June 19 and June 20:

Hampton Inn
3410 Clark Lane
Columbia, Missouri 65202
Phone: 573/886-9392
Fax: 573/814-2001

Nightly rate is \$84 plus tax. Check in time is 3:00 p.m.; check out time is 12:00 p.m. Reservations made after May 19, 2008, will be provided on a space available basis only. Please specify group code MUC when making reservations.



We gratefully acknowledge support of this program from the following exhibitors:

Abbott Nutrition
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Columbia, MO 65212

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